



*Sturgis Public Schools
Summer Lunch Menu*

June

2019

	TUESDAY		WEDNESDAY		FRIDAY			
Protein			12	Chicken Drumstick Potato Smiles Pineapple Chunks Dinner Roll 1% White or Chocolate Ketchup/Butter Pat	13	Macaroni & Cheese Dragon Juice Mixed Fruit Bosco Cheese Breadstick 1% White or Chocolate		
Veg/Fruit								
Veg/Fruit								
Grain								
Milk								
Other								
Protein	17	Ham & Cheese Pocket Diced Pears Broccoli Buds Pocket Breading 1% White or Chocolate Oreo Cookie	18	Corn Dog Cherry/Blue Raspberry Sorbet Cauliflower Corn Dog Breading 1% White or Chocolate Ketchup/Mustard	19	Cheeseburger Ranch Potato Wedges Orange Smiles Hamburger Bun 1% White or Chocolate Ketchup/Mustard	20	Chicken n Gravy Mashed Potatoes Diced Peaches Wheat Dinner Roll 1% White or Chocolate Butter Pat
Veg/Fruit							21	Double Stuff Pepperoni Pizza Pineapple Chunks Steamed Green Beans Pizza Crust 1% White or Chocolate
Veg/Fruit								
Grain								
Milk								
Other								
Protein	24	Popcorn Chicken Diced Peaches Broccoli Buds Cheeze-Its Scrabble 1% White or Chocolate BBQ Dip n Cup	25	Cheeseburger Twins Golden Delicious Apple Steamed Corn Hamburger Buns 1% White or Chocolate Ketchup/Mustard	26	Hot Dog Strawberries Baked Beans Hot Dog Bun 1% White or Chocolate Ketchup/ Mustard	27	Beef Taco Salad, Shredded Cheese Petite Banana Romaine Ribbons Baked Tostitos 1% White or Chocolate Taco Sauce
Veg/Fruit							28	Double Stuffed Cheese Pizza Mandarin Oranges Celery Sticks Pizza Crust 1% White or Chocolate Ranch Dressing
Veg/Fruit								
Grain								
Milk								
Other								

* Non Fat/Low Fat White Milk and Low Fat Chocolate Milk Offered Daily w/ Meal

*Menu subject to change without notice!

This institution is an equal opportunity employer

FREE Breakfast & Lunch

Congress, Central Commons, Eastwood, Wall, Wenzel Schools and Thurston Woods Park

Breakfast 8:30 - 9:30 a.m.

Lunch 12:00- 1:00 p.m.

(Eastwood 11:30-12:30)

June 12th-

August 16th, 2019

(Closed July 1 - 5th)



Desayuno Y Almeruzo Gratis



For additional Summer Meal Sites go to: www.michigan.gov/sfsp